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soleamexicangrill.com

LET US SERVE YOUR NEXT PARTY OR EVENT!



Chile con Queso Dip

A delicious blend of cheddar, Monterey Jack and jalapeño cream cheese served in a bowl. \$8 With Chorizo or Taco Meat add \$2

Solea's Sampler Platter

Looking for an appetizer that your entire table can agree upon? Try this sampler with Quesadillas, Taquitos, Mini Flautas, Nachos and Carnitas. Served with guacamole, sour cream and pico de gallo.

Ceviche de Camaron

Fresh shrimp simmered in lime juice and seasoned with diced tomatoes, chopped sweet onions, fresh cilantro and avocado slices. Served cold with salted crackers or tostadas. \$15

Quesadilla Grande

Caramelized onions, pico de gallo, Monterey Jack cheese and a pinch of chipotle ranch dressing. Served with guacamole and sour cream.
Seafood \$12 Steak \$12 Chicken or Vegetarian \$12 Add Grill Cactus Strips 52

Steak & Chimichurri Quesadilla

Warm grilled tortilla loaded with steak, tomatoes and mozzarella cheese, served with homemade Chimichurri sauce and sour cream \$12

ENSALADAS

Avocado Salad

Fresh sliced avocados, hard boiled eggs, bacon, tomato wedges, queso fresco and crisp salad greens served with crispy tortilla strips and mango relish.

With Shrimp \$13

With Grilled Chicken or Grilled Steak \$12

Sizzling Fajita Salad

Your choice of grilled chicken or grilled steak atop crisp garden greens, fresh grilled onions and peppers, queso fresco, pico de gallo, guacamole and tortilla strips. Substitute Shrimp \$14

Tableside Guacamole

Served with warm tortilla chips. \$11

Macho Nachos

Treat yourself to a generous helping of crisp corn tortilla chips covered with your choice of ground beef or chicken, refried beans, ranchero sauce, jalapeños, sour cream, lettuce and pico de gallo. \$11

Bacon Wrapped Stuffed Jalapenos

Roasted jalapeño peppers wrapped with bacon and stuffed with Fresco cheese and 5 slow-cooked beef, glazed with our own BBQ sauce. \$10

Taquitos

Four fried rolled corn tortilla filled with your choice of beef, chicken or pork. Garnished with lettuce, sour cream, fresco cheese and tomatoes. \$10

Nachos de Tres Quesos & Steak

Crispy tortillas topped with grilled steak, beans, queso fresco, mozzarella & amp; chile con queso finished with Jalapeños pico de gallo and guacamole \$12

Cobb Mexican Salad

Real Mexican, real good. Fresh greens tossed with ancho chipotle dressing, bacon, fiesta roasted corn and beans, black olives, pico de gallo, cheddar cheese, avocado slices, hard boiled eggs and juicy breaded chicken. You're going to love it! \$13

Grilled Salmon Fiesta Salad

A hearthy salad with grilled salmon on a bed of fresh greens, topped with fresco cheese, dry cranberries, and guacamole served with cheese quesadilla \$15

Dressings Chipotle Ranch, Cilantro Ranch, Ranch, Lime Vinaigrette, Mango Vinaigrette and Ancho Dressing.

Served from 11 am to 2 pm Monday through Friday. Available for carry out. All plates are served with Mexican rice, Solea Beans, sour cream and pico de gallo. Add guacamole for \$1

Beef or Chicken Chimichanga \$9

Burrito Salsa Verde

Pork and bean burrito topped with mild green salsa. \$9

Steak or Chicken Fajita Burrito \$10 Steak or Chicken Fajitas Beef or Chicken Taco Salad \$9

Taco and enchilada lunch

Shredded Beef, Ground Beef or Chicken Burrito \$9

Burrito Cremoso

Chicken or pork burrito made with our signature creamy poblano sauce and topped with queso fresco, the real stuff! sq

Flautas

Two rolled and crispy flour tortillas stuffed with your choice of shredded beef, chicken or pork. \$9

Burrito Chipotle-Pineapple
Chicken or pork burrito topped with our very special sweet and spicy chipotle pineapple sauce and topped with fresco cheese. A real Mexican original. \$9

Tostadas Regias!

Flat crispy corn tortilla with Chicken & Barbacoa

covered with, cheese, lettuce, salsa guajillo, sour cream and tomatoes, TOSTADALICIUS!!



May be cooked to order. Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have a medical condit

SOLEA BIG TORTAS

Our grilled Mexican sandwiches with avocados, Solea bean spread, red onions, lettuces, tomatoes and mayonnaise. 59

With rice and beans \$10 Add guacamole for \$1

Grilled Steak Torta

An all natural steak.

Carnitas Torta

Our famous slow cooked pork carnitas.

Chorizo Torta

Our homemade Mexican sausage.

Chicken Torta

An all natural grilled chicken with fresh Mexican cheese.





Two different soups made daily! Please ask your server for the choices of the day.

SIZZILING SOLEA FAJITAS

Heat things up with a sizzling skillet of tender grilled fajita steak or marinated chicken with sautéed onions and peppers, Solea rice, beans, tortillas and a variety of tasty toppings on the side.

Add guacamole for \$1

Steak, Chicken, Combo and Carnita Fajita 915

For two \$27 Add Shrimp: Single \$3 Double \$6

Shrimp Fajita \$17

Veggie Fajita

Zucchini, corn on the cob, spinach, portabella mushrooms, red onion, peppers, broccoli and tomatoes. \$15

Parrillada Solea

Grilled steak, griledl chicken, chorizo, grilled queso fresco, jalapeños and caramelized onions \$18

Fajita Adobada

Marinated grilled Pork, caramelized Onions, Pineaple, Peppers and Chihuahua cheese \$15

Make any of our fajitas an Ultimate Fajita with sauted mushrooms and melted Monterey Jack cheese.

Single \$3 Double \$6

BURRITOS

Served with Mexican rice, Solea beans, pico de gallo and sour cream. Add guacamole for \$1

Chicken, Shredded Beef or Ground Beef Burrito

Shredded chicken or ground beef in our special ranchero sauce. \$13

Verde Burrito

Tender marinated pork slowly roasted and wrapped with Monterey Jack cheese and refried beans.

Topped with green sauce. \$13

El Rey Burrito

King burrito stuffed with lettuce, guacamole, beans, rice, pico de gallo, sour cream, plus grilled steak, grilled chicken, chorizo, pork, peppers and onions. \$18

Fajita Burrito

Grilled chicken or steak with grilled onions, peppers and tomatoes. \$14

Burrito Chipotle - Pineapple

Chicken or pork burrito topped with our very special sweet and spicy chipotle pineapple sauce and topped with fresco cheese, a real Mexican original. \$13

Chicken Mole Burrito

Shredded chicken wrapped with refried beans and fresco cheese, then smothered in our authentic mole sauce.

Topped with sliced onions. \$13

Portobella Mushroom & Spinach Burrito

Sauteed portobella mushrooms combined with fire roasted poblano peppers and spinach. Seved with jasmine rice, roasted corn and black beans salad. \$14

Burrito Pastor

This is it folks, the most flavorful burrito to come out of kitchen. Its grilled marinated pork tenderloin and pineapple, fresco cheese, beans, red onions and fresh cilantro. Served with beans and rice \$14

Shredded Beef Barbacoa Burrito

Beef Barbacoa, Fresco cheese, cilantro, served with beans, rice, jalapeños and sour cream \$14

Burrito Cremoso

Chicken burrito made with our signature creamy poblano sauce and topped with queso fresco. The real stuff! \$13

BBQ Pork Burrito

Tender slow roasted pork marinated with garlic, oranges and spices, brazed until tender and covered with BBQ sauce, and smothered with cheese. If the description doesn't have your mouth watering, the flavor sure will. \$13

Blackened Chicken Burrito

This burrito has it all. Blackened chicken, mozzarella cheese and an exotic blend of roasted veggies and grains. Served with grilled veggies and Mexi-rice. \$13

Steak & Cheese Burrito

Grilled steak and Chihuahua cheese burrito, served with rice, beans, pico de gallo and sour cream. Finished with our home made cheese sauce. **\$14**

May be cooked to order. Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have a medical condition.

SEAFOOD

Served with Mexican rice and your choice of refried beans or grilled tequila veggies, unless noted otherwise. Add guacamole for \$1

Caribbean coconut shrimp tacos (No Sides)

A little taste of the Caribbean, 3 tacos filled with crispy coconut shrimp, in our own coleslaw and finished with delicious mango salsa relish \$14



Baja fish tacos (No Sides)

North Atlantic Haddock hand dipped in our signature Negra Modelo ":Dark Ale" and deep fried to a perfect golden brown, topped with coleslaw, picled red onions and fresh green salsa \$15

Salmon & Shrimp al Ajillo

Grilled salmon filet, sauteed shrimp, garlic and smoked guajillos. Served with chef choice veggies, jazmin rice and pineapple pico de gallo. \$12

Fish Tacos

Grilled fresh fish folded into flour tortillas with chipotle ranch dressing, cabbage and pico de gallo. \$15

Camarones Emchipotlados

Shrimp sautéed in smoky chipotle sauce with jasmine rice and zucchini.

Tilapia Filet

Grilled tilapia filet seasoned and grilled to perfection. Served with white rice and sautéed vegetables and finished with cilantro garlic cream sauce. \$14

Seafood Enchiladas

Three enchiladas filled with crab surimi and shrimp in flour tortillas. Served with lettuce, tomatoes and mango pico de gallo. \$14.

Seafood Chimichanga

Flour tortilla stuffed with shrimp and crab surimi, then deep fried to a golden brown. Served with lettuce, mango pico de gallo and sour cream. \$14

Enchiladas Del Mar

3 enchiladas filled grilled shrimp, fresh guacamole and roasted corn, covered with garlic sauce, served with Mexican rice \$15

Salmon Poblano

Grilled fresh salmon served over poblano peppers, onions, chorizo, and corn in a garlic cream sauce, finished with cilantro rice and grilled veggies \$10





COMBINATION DINNERS

Create your own combo. You know what you like, so tell us and we will create a combination platter complete with Mexican rice and beans.

Two items \$12 Three items \$14 Add a cup of soup \$3

Filling Choices: Chicken, Ground Beef or Shredded Beef.

Taco Pork Tamale
Enchilada One per combination.

A LA CARTA

Tostada Ceviche \$5 Steak Taco \$3

5 Fish Taco \$4

Tamal \$3
Side of Fries \$3

Enchilada \$3

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SOLEA DINNERS

Served with Mexican rice, beans and sour cream.

Add a cup of soup 53 Add guacamole for 51

Bistec a la Mexicanan

Grilled chopped tender steak accompanied with onions, tomatoes, serrano peppers & fresh cilantro. Served with rice, beans and sour cream.



Shredded Beef Barbacoa Chimichanga

> Beef Barbacoa, Fresco cheese, cilantro, served with beans, rice, jalapeños, pickled onions and sour cream

> > \$14

BBQ Pork Chimichanga

Tender, golden pork folded and deep fried with beans and cheese in a flour tortilla, then bathed in our signature BBQ sauce and cheese.

Carne Asada Tampiqueña

Hand-cut marinated skirt steak served with homemade guacamole, pico de gallo, Mexican rice, beans and chicken enchilada \$18

Tacos de la Calle

Grilled steak topped with cilantro, onions and hot sauce. Just the way you like it. \$13

Flautas

Three rolled and crispy flour tortillas stuffed with beef, chicken or pork. Served with lettuce. \$14

Lalo's Beefsteak & Mushrooms Chimichanga

Flour tortilla filled with marinated steak, sauteed mushrooms and Chihuahua cheese. Finished with our special CCQ sauce and served with refried beans and homemade fries. \$14

Solea Trio

Three enchiladas with shredded beef, chicken or cheese with red, green and mole sauce. \$13

Enchiladas Poblanas

Three chicken enchiladas topped with mole sauce. \$14

Enchiladas Chipotle

Three pork enchiladas topped with our very special sweet and spicy chipotle pineapple sauce. \$14

Super Flautas (No rice and beans)

2 large flour tortillas deep fried to golden brown, stuffed with chicken and shredded beef, topped with lettuce, tomatoes, sour cream and queso fresco. \$13

Trio World Famous Tacos

Diced skirt steak, pork and grilled chicken served with three flour tortillas, pico de gallo and green tomatillo sauce on the side. \$13

Tacos Canijos (No rice and beans)

4 tacos with grilled steak, grilled chicken, chorizo, pork carnitas, cilantro, red onions and avocado slices. \$14

Tacos al pastor (No rice and beans)

Four pork tacos marinated with achiote, grilled pineapple, red onions and cilantro. Served with salsa verde taquera. \$ 14

Enchiladas Toltecas

3 enchiladas filled with chicken served with rice, beans pico de gallo, guacamole, finished with our own fire roasted red pepper creamy sauce \$14

Chimichanga

Just like a burrito, but deep fried to a golden brown. Stuffed with beef or chicken and covered with Solea enchilada sauce. \$13

Prime Rib Tacos (No rice and beans)

Tender pieces of prime rib, chimichurri sauce, avocado slices and queso fresco on flour tortilla, served with cilantro cour cream and corn esquites \$14

Enchiladas Cremosas

Three chicken enchiladas topped with our signature creamy poblano sauce. \$14

Enchiladas Suizas

Three chicken enchiladas topped with tomatillo sauce. 514

Spinach, Cheese & Onion Enchiladas

Fresh spinach and sweet red onion sautéed in wine with fresco cheese and topped with our homemade cilantro garlic cream sauce. \$14

Enchiladas Rojas

Shredded beef or chicken enchiladas smothered in salsa roja, topped with bell peppers. \$14

Signature Taco Salad

Seasoned beef or chicken, Monterrey cheese, handmade pico de gallo, salsa, cool sour cream, layered over our fresh iceberg lettuce, served with a Mexican rice and refried beans \$14

SOLEA NEIGHBORHOOD FAVORITES

Served with Mexican rice and beans, unless noted otherwise.

Add guacamole for \$1



Molcajete

It's paradise on a plate. Mexican mortar filled with beef filet strips, grilled chicken, pork, shrimp, queso fresco, grilled tender cactus strips, onions, peppers and our special Solea salsa. \$19

Carnitas Solea

Tender juicy pork slow simmered for hours in fresh orange juice and seasoned marinade. Garnished with sour cream and pico de gallo. \$15

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Fried Ice Cream

A generous ball of vanilla ice cream blanketed with a hint of cinnamon and our special crunchy coating, then deep fried. Served with caramel, whipped cream and a cherry. 57

Flan

A traditional Mexican dessert that traces its roots back to Mexico City. Creamy vanilla custard in a sweet caramel sauce topped with whipped cream. \$7

Churros with Ice Cream

Churro twists dusted with cinnamon sugar and drizzled with caramel. Served with vanilla ice cream. \$7



Chocolate Lava Cake

Chocolate cake with irresistible center of warm dark chocolate, topped with vanilla ice cream, big enough to share 🛭 🕏 🤻

For our little amigos 12 and under only. Served with a beverage. Please ask your server about other options to customize your kid's order.

Cheeseburger

Burger patty with cheese and French fries.

Chicken Fingers

Served with French fries.

Mac & Cheese

Pasta in a really creamy, cheese sauce.

Burrito

Your choice of beef or chicken. Served with mild ranchero sauce, rice and beans.

Your choice \$7

Quesadilla

Flour tortilla with cheese served with rice and beans.

Your choice of beef or chicken. Served with rice and beans.

Guacamole \$3

Tortillas \$1

Rice \$3 Sour Cream \$1 Pico de Gallo \$1

Jalapeños \$1 Grilled Tequila Vegetables \$3

Soft Drinks

Free refills. \$3.50













Tropicana

Flavored Iced Tea

Raspberry, Strawberry, Mango, Peach \$4

Sprecher Root Beer 16 oz. bottle \$**3**

Jarritos \$3 2% Milk \$2





For parties of 6 or more a 18% gratuity will be added.